# PRODUCT MONOGRAPH

# PrVEREGEN®

Sinecatechins Ointment, 10% w/w

Topical Treatment for Genital Warts

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# PrVEREGEN®

# Sine cate chins Ointment, 10% w/w

# PART I: HEALTH PROFESSIONAL INFORMATION

# SUMMARY PRODUCT INFORMATION

Route of	Dosage Form /	Clinically Relevant Nonmedicinal
Administration	Strength	Ingredients
Topical	(Sinecatechins) Ointment, 10% w/w	Propylene glycol monopalmitostearate, Isopropyl myristate. For a complete listing see Dosage Forms, Composition and Packaging section.

## **INDICATIONS AND CLINICAL USE**

VEREGEN<sup>®</sup> (sinecatechins) is indicated for the cutaneous treatment of external genital and perianal warts (condylomata acuminata) in immunocompetent patients aged 18 years and over.

## Geriatrics (> 65 years of age):

The number of geriatric patients treated with VEREGEN<sup>®</sup> was insufficient to determine whether they respond differently from younger subjects.

## Pediatrics (< 18 years of age):

The safety and efficacy of VEREGEN in pediatric patients below the age of 18 years has not been established.

## CONTRAINDICATIONS

VEREGEN<sup>®</sup> (sinecatechins) is contraindicated in individuals with a history of sensitivity reactions to the extract from green tea leaves or to any of the components in the formulation or container. For a complete listing see the Dosage Forms, Composition and Packaging section of the Product Monograph.

# WARNINGS AND PRECAUTIONS

# <u>Ge ne ral</u>

VEREGEN<sup>®</sup> (sinecatechins) should not be applied to open wounds, broken or inflamed skin. Treatment with VEREGEN<sup>®</sup> is not recommended until the skin has completely healed from any previous surgical or drug treatment. Avoid contact with the eyes, nostrils, lips and mouth. The use of an occlusive dressing should be avoided. VEREGEN<sup>®</sup> is not for ophthalmic, oral, intravaginal, or intra-anal use.

Do not expose the treated area to sunlight or UV irradiation, as VEREGEN® has not been tested under these conditions.

The safety and effectiveness for treatment beyond 16 weeks or for multiple treatment courses have not been established.

New warts may develop during treatment.

Safe sex methods (condoms) should be used until complete clearance of all warts as VEREGEN<sup>®</sup> does not eliminate the HPV-virus and does not prevent transmission of the disease.

VEREGEN<sup>®</sup> may weaken condoms and vaginal diaphragms. Therefore, the ointment should be washed off the treated area before the use of condoms and sexual contact. Additional methods of contraception should be considered.

If the sexual partner of the patient is infected, treatment of the sexual partner is advisable to prevent reinfection.

VEREGEN<sup>®</sup> has not been evaluated for the treatment of urethral, intra-vaginal, cervical, rectal, or intra-anal human papilloma viral disease and should not be used for the treatment of these conditions.

Concomitant use of other local treatments in the wart area should be avoided

## **Carcinogenesis and Mutagenesis**

See TOXICOLOGY, Carcinogenicity.

## <u>Genitourinary</u>

Female patients with genital warts in the vulvar region should use the ointment with caution as treatment in this area is associated more often with severe local adverse reactions. Accidental application into the vagina must be avoided. In case of accidental application into the vagina immediately wash off the ointment with warm water and mild soap.

Uncircumcised male patients treating warts under the foreskin should retract the foreskin and clean the area daily to prevent phimosis. Treatment should be stopped when early signs of stricture occur (e.g. ulceration, induration or increasing difficulty in retracting the foreskin).

# Immune

Patients under immunosuppressive therapy should not use VEREGEN® Ointment since the efficacy and safety in immunocompromised patients have not been established.

## Local Inflammatory Reactions

Mild local skin reactions such as erythema, pruritus, irritation (mostly burning), pain and oedema at the treatment site are frequent. Treatment may be continued only if the severity of the local skin reaction is acceptable. These reactions should decrease after the first weeks of treatment.

In case of intense local skin reaction causing unacceptable discomfort or increase in severity or associated with lymph nodes, an interruption of treatment should be considered. Treatment with VEREGEN<sup>®</sup> can be resumed after the skin reaction has diminished.

In case a vesicular local reaction occurs, a genital herpes infection should be suspected and ruled out before treatment can be resumed.

## <u>Sensitivity</u>

In a dermal sensitization study of VEREGEN<sup>®</sup> in healthy volunteers, hypersensitivity (type IV) was observed in 5 out of 209 subjects (2.4%) under occlusive conditions.

VEREGEN<sup>®</sup> contains propylene glycol monopalmitostearate which may cause skin irritations and isopropyl myristate which may cause irritation and sensitization of the skin.

## **Special Populations**

**Pregnant Women:** There are no or limited amount of data from the use of Veregen ointment in pregnant women. Veregen should not be used in pregnancy unless the benefits to the patient outweigh the potential risks to the fetus. Studies in animals have shown reproductive toxicity (see TOXICOLOGY).

#### Nursing Women:

It is unknown whether VEREGEN<sup>®</sup> or its metabolites are excreted in human milk. The use of VEREGEN<sup>®</sup> in nursing mothers requires that the possible benefits of the drug be weighed against the potential risk to the infant.

## Pediatrics (< 18 years of age):

Safety and efficacy of VEREGEN in patients under the age of 18 years have not been

# established.

# Geriatrics (> 65 years of age):

The number of geriatric patients treated with VEREGEN<sup>®</sup> was insufficient to determine whether they respond differently from younger subjects.

# **ADVERSE REACTIONS**

# Adverse Drug Reaction Overview:

In two double-blind, placebo controlled studies for anal and/or genital warts, 400 subjects were exposed to topical VEREGEN® (sinecatechins) 10% ointment and 207 subjects were exposed to placebo (vehicle) 3 times daily for up to 16 weeks. The most frequently reported adverse drug reactions (experienced in 83.8% of patients) were local skin and application site reactions at the wart treatment site. Most commonly erythema, pruritus, irritation (mostly burning), pain, oedema, ulcer, indurations and vesicles were observed. Local reactions were of mild intensity in 24.8%, of moderate intensity in 32.0% (male 36.3%/female 27.1%); severe reactions were reported in 26.8% of patients at least once during treatment (male 20.8%/female 33.5%). The percentage of subjects with at least one severe, related local reaction was 26.3% (87/331) for subjects with genital warts only, 23.1% (6/26) for subjects with anal warts and 32.6% (14/43) for subjects with anal and genital warts. In general, the incidence of local reactions increased during the first few weeks of treatment and resolved with continued use.

## **Clinical Trial Adverse Drug Reactions**

Because clinical trials are conducted under very specific conditions the adverse reaction rates observed in the clinical trials may not reflect the rates observed in practice and should not be compared to the rates in the clinical trials of another drug. Adverse drug reaction information from clinical trials is useful for identifying drug-related adverse events and for approximating rates.

The incidence of treatment emergent adverse events observed with VEREGEN<sup>®</sup> in more than 1% of patients in controlled clinical trials are shown in Table 1.

MedDRA System Organ Class	Placebo Ointment	VEREGEN <sup>®</sup> 10% Ointment
/ Preferred Term	(N=207)	(N=400)
General disorders and	137 (66.2)	334 (83.5)
administration		
site conditions		
Application site		
Bleeding	1 (0.5)	9 (2.3)
• Discharge	3 (1.4)	9 (2.3)
• Erythema	67 (32.4)	269 (67.3)
Induration	23 (11.1)	109 (27.3)
Pruritus	94 (45.4)	260 (65.0)
Irritation	66 (31.9)	254 (63.5)
• Pain	30 (14.5)	186 (46.5)
• Ulcer	20 (9.7)	184 (46.0)
Oedema	23 (11.1)	159 (39.8)
Vesicles	13 (6.3)	75 (18.8)
Reaction	0	11 (2.8)
Swelling	0	4 (1.0)
Exfoliation	1 (0.5)	11 (2.8)
Infections and infestations	0	11 (2.8)
Renal and urinary disorders	2 (1.0)	4 (1.0)
Dysuria	2 (1.0)	3 (0.8)
Reproductive system and breast	1 (0.5)	5(1.3)
disorders		
Phimosis	1 (0.5)	4 (1.0)
Skin and subcutaneous tissue	2(1.0)	3 (0.8)
disorders		
Blood and lymphatic system disorders	2 (1.0)	11 (2.8)
Lymphadenitis	2 (1.0)	9 (2.3)

Table 1: Incidence of Adverse Reactions observed in  $\geq 1\%$  of patients in pivotal clinical trials

Female patients with warts in the vulva had a higher incidence of local skin and application site reactions. Four female patients (1%) interrupted their treatment once due to application site pain, anaesthesia and dermatitis. One female patient (0.3%) discontinued her treatment with VEREGEN® because of perineal burning sensation, pain and itching.

For one female patient serious vulvovaginitis was reported during treatment with VEREGEN®. Phimosis occurred in 2.7 % of uncircumcised male subjects (5/182) treated with VEREGEN® and in 1 % (1/99) with vehicle.

#### Table 2: Less Common Clinical Trial Adverse Drug Reactions reported in Pivotal Clinical Trials (<1%)</th>

General disorders and administration site conditions:	Local reactions at the application site including, discolouration, discomfort, dryness, erosion, fissure, hyperaesthesia, anaesthesia, scar, nodule, dermatitis, hypersensitivity*, local necrosis*, papules, and eczema*
Infections and Infestations:	Application site infection*, application site pustules, herpes simplex, infection*, pyoderma*, staphylococcal infection, urethritis, vaginal candidiasis, vulvovaginitis and vulvitis*
Renal and urinary disorders:	Micturition urgency, pollakisuria and urethral meatus stenosis*
Reproductive system and breast disorders:	Balanitis, dyspareunia, and vaginal discharge*
Skin and subcutaneous tissue disorders:	Rash and papular rash

\*Adverse reactions observed with the higher 15% strength ointment only are included.

# **DRUG INTERACTIONS**

Interactions between VEREGEN® and other drugs have not been established.

# **DOSAGE AND ADMINISTRATION**

Up to 250 mg VEREGEN<sup>®</sup> in total, corresponding to about 0.5 cm of ointment strand (max. total single dose) is to be applied three times per day to all external genital and perianal warts.

Apply a small amount of VEREGEN<sup>®</sup> to each wart using the finger(s), dabbing it on to ensure complete coverage and leaving a thin layer of the ointment on the warts (max. 250 mg in total equal to 0.5 cm strand) or as directed by the physician. Patients should wash their hands before and after application of VEREGEN<sup>®</sup>.

It is not necessary to wash off the ointment from the treated area prior to the next application.

VEREGEN<sup>®</sup> is not for ophthalmic, oral, intravaginal, or intra-anal use.

# OVERDOSAGE

For management of a suspected drug overdose, contact your regional Poison Control Centre.

Overdosage with any formulation containing sinecatechins has not been reported.

# ACTION AND CLINICAL PHARMACOLOGY

# **Mechanism of Action**

The mechanism of action of VEREGEN<sup>®</sup> (sinecatechins) involved in the clearance of genital and perianal warts is unknown. In vitro, sinecatechins inhibited the activation of human keratinocytes. Sincecatechins are also known to have anti-oxidative and anti inflammatory properties. The clinical significance of these findings is unknown.

# **Pharmacokinetics**

The pharmacokinetics of topically applied VEREGEN<sup>®</sup> has not been sufficiently characterized at this time. However, data suggest that systemic exposure to catechins after repeated topical application of VEREGEN<sup>®</sup> is likely to be less than observed after a single oral intake of 400 mL green tea.

# STORAGE AND STABILITY

Store between 5°C and 25°C. Do not store above 25°C.

# DOSAGE FORMS, COMPOSITION AND PACKAGING

VEREGEN<sup>®</sup> (sinecatechins) is a brown ointment and is supplied in aluminium tubes containing 15 grams or 30 grams of ointment per tube.

Each gram of the ointment contains 100 mg of sinecatechins in a water free ointment base consisting of isopropyl myristate, white petrolatum, cera alba (white wax), propylene glycol monopalmitostearate, and oleyl alcohol.

# PART II: SCIENTIFIC INFORMATION

# PHARMACEUTICAL INFORMATION

# **Drug Substance**

**Proper name:** Sinecatechins

# Chemical name:

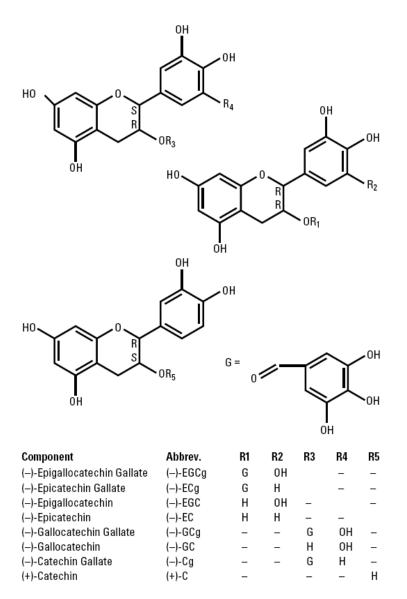
Sinecatechins, is the drug substance in VEREGEN<sup>®</sup> ointment, which is a partially purified fraction of the water extract of green tea leaves from Camellia sinensis (L.) O Kuntze, and is a mixture of catechins and other green tea components. Catechins constitute 85 to 95% (by weight) of the total drug substance which includes more than 55% of Epigallocatechin gallate (EGCg), other catechin derivatives such as Epicatechin (EC), Epigallocatechin (EGC), Epicatechin gallate (ECg), and some additional minor catechin derivatives i.e. Gallocatechin gallate (GCg), Gallocatechin (GC), Catechin gallate (Cg), and Catechin (C). In addition to the known catechin components, it also contains gallic acid, caffeine, and theobromine which together constitute about 2.5% of the drug substance. The remaining amount of the drug substance contains undefined botanical constituents derived from green tea leaves. The chemical names and structures of the green tea catechins in sinecatechins are shown below.

Name	CAS No.	Content	Molecular	Molecular
		(%)	Formula	Weight
(-)-	989-51-5	55.0-	$C_{22}H_{18}O_{11}$	458.37
Epigallocatechin		72.0		
gallate (active				
marker)				
(-)-Epicatechin	490-46-0	*	$C_{15}H_{14}O_{6}$	290.27
(-)-Epicatechin	1257-08-5	*	$C_{22}H_{18}O_{10}$	442.37
gallate				
(-)-	970-74-1	*	$C_{15}H_{14}O_7$	306.27
Epigallocatechin				
(-)-Gallocatechin	4233-96-9	*	$C_{22}H_{18}O_{11}$	458.37
gallate				
(-)-Gallocatechin	3371-27-5	*	$C_{15}H_{14}O_7$	306.27
(-)-Catechin gallate	130405-40-2	*	$C_{22}H_{18}O_{10}$	442.37
(+)-Catechin	154-23-4	*	$C_{15}H_{14}O_{6}$	290.27

#### Table 3: Green tea catechins in sinecatechins

\* Not Specified

# General Structure of Catechins:



## Physicochemical properties:

#### Physical Form:

Light-red to dull reddish-yellow powder.

<u>Solubility</u>: Freely soluble in water, methanol, tetrahydrofuran, N-dimethylformamide; soluble in ethanol and 1,4-dioxane; sparingly soluble in acetonitrile; slightly soluble in ethyl acetate; and practically insoluble or insoluble in hexane and petroleum ether.

# **CLINICAL TRIALS**

# Trial Design and Study Demographics:

The evidence of efficacy of VEREGEN is based on two randomized, double-blind, multicenter, vehicle-controlled studies in immunocompetent patients aged 18 years and over with a diagnosis of external genital and perianal warts. Patients with a minimum of 2 to a maximum of 30 warts over a wart area of 2 to 600 mm<sup>2</sup> were included. Subjects who received treatment for genital warts within 30 days prior to study enrollment were excluded. Subjects in both trials were randomized to receive VEREGEN ointment (N= 401) or placebo ointment (N= 207).

The treatment and demographic characteristics are summarized in the following table:

	Demographics				
Study#	VEREGEN 10% Ointment	Place bo O intment			
	Dosage: Up to 250 mg TID	l for a maximum of 16 weeks			
	N=199	N=103			
	Gender: n (%)	Gender: n (%)			
	Male: 110 (55.3)	Male: 62 (60.2)			
	Female: 89 (44.7)	Female: 41 (39.8)			
CT1017	Age: Median (range)	Age: Median (range)			
	27 (16-98)	26 (18-60)			
	Race: n (%) Caucasian 189 (95.0) African 6 (3.0) Hispanic 0 Asian 1 (0.5) Other 3 (1.5) Wart Area: median (range) [mm <sup>2</sup> ] 51.0 (13-572)	Race: n (%) Caucasian 97 (94.2) African 4 (3.9) Hispanic 0 Asian 1 (1.0) Other 1 (1.0) Wart Area: median (range) [mm <sup>2</sup> ] 51.5 (12-490)			

#### Table 4: Summary of Patient Demographics for Pivotal Clinical Trials

	N= 202	N=104
	Gender: n (%)	Gender: n (%)
	Male: 102 (50.5)	Male: 56 (53.8)
	Female: 100 (49.5)	Female: 48 (46.2)
CT1018	Age: Median (range)	Age: Median (range)
	28 (18-83)	28 (18-73)
	Race: n (%)         Caucasian       67 (33.2)         African       3 (1.5)         Hispanic       131 (64.9)         Asian       1 (0.5)         Other       0	Race: n (%)         Caucasian       29 (27.9)         African       1 (1.9)         Hispanic       72 (69.2)         Asian       0         Other       1 (1.0)
	Wart Area: median (range) [mm <sup>2</sup> ]	Wart Area: median (range) [mm <sup>2</sup> ]
	64.0 (12.0-585.0)	58.5 (12.0-571.0)

# Efficacy:

The primary efficacy outcome measure was the response rate, defined as the proportion of subjects with complete clearance of all external genital and perianal warts (baseline and new) by week 16. The efficacy results in the ITT population are presented in the following table:

Table 7: Primary	Efficacv	<b>Results</b> *	based on the	ITT r	opulation
I wold for I filling	Lineacy	Ite 5 ares			paration

	VEREGEN	Placebo	P value **
Complete clearance of all warts Overall	52.4%(210/401)	35.3% (73/207)	<0.001
Females	60,8%(115/189)	43.8%(39/89)	0.010
Males	44.8% (95/212)	28.8% (34/118)	0.005
	77.070(75/212)	20.070 (54/110)	0.000

\*Pooled data from study CT 1017 and CT 1018

\*\* Fishers exact test

In VEREGEN-treated patients who completed the studies, the clearance rate of all warts was 60.7% (210/346 in both genders) compared to 44.2% (73/165 in both genders) in placebotreated patients. For patients treated with VEREGEN<sup>®</sup> 10%, the median time to complete clearance of all warts was 16 weeks. Patients with a protocol defined complete response were followed-up for 12 weeks to assess for recurrence. During this period, the incidence of visual recurrence of warts was 6.5% (13/201) and 5.8% (4/69) in the VEREGEN<sup>®</sup> 10% and placebo treated patients, respectively.

# **DETAILED PHARMACOLOGY**

# **Animal Pharmacology**

# **Pharmacodynamics:**

*In vitro* studies have demonstrated that sinecatechins inhibit the activation of keratinocytes. Sinecatechins shows *in vitro* anti-oxidative and anti-inflammatory activity which may inhibit the growth-promoting signalling kinases, various oxygenases, and proteases. The mode of action of sinecatechins involved in the clearance of genital and perianal warts is unknown.

Topical application of sinecatechins did not cause statistically significant effects on the growth of HPV-6 infected human neonatal foreskin xenografts in immunoincompetent mice (scid/scid). The lack of immune mechanisms in SCID mouse model may be responsible for the lack of significant effect.

# Safety Pharmacology:

The safety pharmacology testing program included in vivo behavioural, respiratory studies in rats as well as in vitro hERG-assay. No significant effects on behavioural and respiratory changes were observed in the rats treated orally with up to 1000 mg/kg of sinecatechins. Sinecatechins had minimal effect on the HERG channel tail current up to 100 uM dose levels.

# **Pharmacokinetics:**

The plasma pharmacokinetics properties of VEREGEN<sup>®</sup> 10% Ointment were studied following application to the rat and the minipig by oral, topical, or intravaginal routes. Catechins were absorbed and systemically available only minimally in minipigs and rats following dermal application. No significant accumulation of plasma EGCg concentrations (marker for catechins) was observed following repeated topical or intravaginal applications of sinecatechins 10% Ointment in minipigs, rabbits, or rats. It was noted that EGCg and its metabolites tended to concentrate in the liver after intravenous administration and in the gastrointestinal tract after oral administration in dogs.

# Human Pharmacology

# Pharmacodynamics

In a predictive repeated insult patch test (RIPT) involving induction and challenge phases, a low incidence of contact sensitization was reported in healthy skin exposed to VEREGEN<sup>®</sup> 15% ointment. Five of 209 (2.4 %) subjects showed skin reactions indicative of allergic contact dermatitis during the challenge phase. One subject was discontinued after developing allergic contact dermatitis during the induction phase presumably due to previous sensitization to the excipients in VEREGEN<sup>®</sup>. In 4 of the 6 sensitized subjects, the allergic reaction was verified by

retesting with the active ingredient (sinecatechins).

# Pharmacokinetics

Systemic exposure to EGCg, EGC, ECg, and EC was evaluated following either topical application of VEREGEN®15% ointment to subjects with external genital and perianal warts (250 mg applied 3 times a day for 7 days) or following oral ingestion of green tea beverage (500 mL ingested 3 times a day for 7 days). Following topical application, plasma concentration of all 4 catechins were below the limit of quantification (<5 ng/mL) on Day 1. After 7 days of topical application, plasma EGC, ECg, and EC concentrations were below the limit of quantification while plasma concentrations of EGCg were measurable in only 2 out of 20 subjects. In these two subjects, systemic availability of EGCg after 7 days was greater following ingestion of the green tea beverage than after topical application of VEREGEN®15% ointment (by approximately two-fold).

# TOXICOLOGY<sup>a</sup>

## Single-dose Toxicity:

Acute toxicity studies with VEREGEN® were not conducted in animals.

# **Repeat Dose Toxicity**

In a 13-week dermal toxicity study in rats, a NOAEL for systemic toxicity was established at the maximum feasible dose of 600  $\mu$ L VEREGEN® 15% ointment per day which represents 1.2-fold the MRHD.

In a 9-month chronic toxicity study in minipigs, the NOAEL for systemic toxicity was established at the highest dose level of 6 g VEREGEN® 15% ointment per day (corresponding to 900 mg sinecatechins at the application site) and representing 12-fold the MRHD. Systemic exposure after dermal application to the skin of mini pigs was low with EGCg plasma levels in the range of the quantification limit.

In a combined toxicity and kinetic study with dermal and intravaginal administration of VEREGEN® 15% ointment to female mini pigs substantially higher plasma exposure levels of EGCg (>~40-fold) were observed following intra-vaginal application without systemic toxicity.

In the 13-week oral toxicity studies in rats and dogs, the NOAEL for systemic toxicity of sinecatechins was 90 mg/kg/day and 600 mg/kg/day, representing 12-fold and 259-fold the

<sup>&</sup>lt;sup>a</sup> For calculation of the maximum recommended human dose (MRHD), a 60 kg human receiving 750 mg of the product/day was considered. For oral studies, MRHD comparisons were based on human equivalent dose (HED) derived from the normalization of doses to body surface area using scaling factors of 6 for rats, 12 for rabbits, 20 for dogs and 37 for humans. For topical studies, MRHD comparisons were based on dose per application site, without use of scaling factors.

MHRD, respectively. A NOAEL for systemic toxicity of 500 mg/kg/day (32-fold MRHD) was established at the high dose level of sinecatechins in a 6-months oral carcinogenicity study in mice. Histopathological changes (inflammatory, degenerative and necrotic) in the gastrointestinal tract, liver and pancreas as well as atrophy and lymphoid depletion (spleen and thymus) in lymphoid tissues of rats were observed following high oral doses of sinecatechins, while there were no substantial toxicity findings in dogs and mice.

# Local tole rance

In a 9-month chronic toxicity study in minipigs, dermal application of VEREGEN® 15% ointment at doses of 0.25, 1.0, and 2.0 g three times daily on a 50 cm<sup>2</sup> skin surface area revealed dose-dependent local skin reactions (very slight to severe oedema and erythema) in all treatment groups. Similar local reactions to a lesser degree were observed in the placebo ointment group. The incidence and severity of erythema and edema were most pronounced during Weeks 2 to 6 of the study, and decreased subsequently over time despite continued treatment. In addition, transient eschar formation and red spots at the administration site (or in other areas of the body) were also reported. Morphological changes included minimal to moderate regular hyperplasia of the epidermis, minimal to moderate inflammatory reactions and single incidences of minimal superficial purulent dermatitis at the application sites. The skin reactions subsided within the first three weeks of the recovery period and histopathological examination revealed evidence of reversibility of the local intolerance reactions with minimal dermal irritation (epithelial hyperplasia and inflammatory reactions) at the end of the 6-week recovery period.

During the 13-week repeated dose toxicity study in rats, slight local reactions (oedema and erythema) at the dermal application sites without histopathological changes were noted in some animals in all dose groups (50, 200 or 600  $\mu$ l VEREGEN<sup>®</sup> 15% ointment/animal/day).

Dermal application of VEREGEN<sup>®</sup> 15% ointment to the scrotum of male rats at doses of 0.05, 0.20 or 0.60 mL/rat/day for 2 weeks in a male fertility study was associated with scabs and erythema at the application site.

Severe local skin reactions were observed with dermal application of VEREGEN<sup>®</sup> 15% ointment at a dose of 1 g three times daily for 6 days on a 25 cm<sup>2</sup> surface area in rabbits.

Marked local skin intolerance reactions were observed in female minipigs after dermal administration of VEREGEN<sup>®</sup> 15% ointment at a dose of 2 g three times daily (6 g total daily dose) on a 50 cm<sup>2</sup> skin surface area for 28 days and after intra-vaginal application at a dose of 0.1 or 1.0 mL 3 times/animal/day for 9 days. Histopathology revealed superficial purulent dermatitis and focal or diffuse necrotic dermatitis and reactive hyperplasia by papillomatous proliferation of the epidermis and purulent necrotic vaginitis with neutrophilic granulocytes and cell detritus in the vaginal lumen and reactive purulent inflammatory changes in organs of the urogenital tract.

Intra-vaginal administration of 0.15 mL VEREGEN<sup>®</sup> 15% ointment or cream once daily for 28 days in rats revealed histopathological findings consistent with local irritation of the vagina (moderate to marked acute inflammation with ulcerative lesions and enlarged iliolumber lymph nodes). Recovery was almost complete after the 14 day off-dose period.

# Sensitization studies:

VEREGEN® 15% Ointment and sinecatechins drug substance induced skin sensitization in two independent animal models, the Guinea Pig Maximization Test, and the Mouse Local Lymph Node Assay.

# Carcinogenicity:

In an oral (gavage) carcinogenicity study, sinecatechins was administered daily for 26 weeks to p53 transgenic mice at doses up to 500 mg/kg/day (32-fold MRHD). Treatment with sinecatechins was not associated with an increased incidence of either neoplastic or non-neoplastic lesions in the organs and tissues examined. VEREGEN<sup>®</sup> has not been evaluated in a dermal carcinogenicity study.

# Mutagenicity:

Sinecatechins was negative in the Ames test, in vivo rat micronucleus assay, UDS test, and transgenic mouse mutation assay, but positive in the mouse lymphoma mutation assay.

# **Reproduction and Teratology:**

Embryo-fetal development studies were conducted in rats and rabbits using intravaginal and systemic routes of administration, respectively. Oral administration of sinecatechins during the period of organogenesis (gestational Days 6 to 15 in rats or 6 to 18 in rabbits) did not cause treatment related effects on embryo-fetal development or teratogenicity at doses of up to 1,000 mg/kg/day (130-fold MRHD in rats; 259-fold MRHD in rabbits).

In the presence of maternal toxicity (characterized by marked local irritation at the administration sites and decreased body weight and food consumption) in pregnant female rabbits, subcutaneous doses of 12 and 36 mg/kg/day of sinecatechins during the period of organogenesis (gestational Days 6 to 19) resulted in corresponding influences on fetal development including reduced fetal body weights and delays in skeletal ossification. No treatment related effects on embryo-fetal development were noted at 4 mg/kg/day (1.0-fold MRHD).

Daily vaginal administration of VEREGEN<sup>®</sup> 15% ointment to rats from Day 4 before mating and throughout mating until Day 17 of gestation did not cause adverse effects on mating performance and fertility at doses up to 0.15 mL/rat/day. In addition, no treatment-related effects on embryo-fetal development were observed at doses up to 0.15 mL/rat/day (10-fold MRHD).

A pre- and post-natal development study was conducted in rats using vaginal administration of VEREGEN<sup>®</sup> 15% Ointment at doses of 0.05, 0.10 and 0.15 mL/rat/day from Day 6 of gestation through parturition and lactation. The high and intermediate dose levels of 0.15 (10-fold MRHD) and 0.10 mL/rat/day resulted in an increased mortality of the F0 dams, associated with indications of parturition complications. The high dose level of 0.15 mL/rat/day also resulted in an increased incidence of stillbirths. There were no other treatment-related effects on pre- and post-natal development, growth, reproduction and fertility at any dose tested. A NOAEL was established at 0.05 mL/rat/day, 3-fold the MRHD.

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#### PART III: CONSUMER INFORMATION

#### PrVEREGEN® (Sinecatechins Ointment, 10% w/w)

This leaflet is part III of a three-part "Product Monograph" published when VEREGEN<sup>®</sup> was approved for sale in Canada and is designed specifically for Consumers. This leaflet is a summary and will not tell you everything about VEREGEN<sup>®</sup>. Contact your doctor or pharmacist if you have any questions about the drug.

#### ABOUT THIS MEDICATION

#### What the medication is used for:

VEREGEN<sup>®</sup> Ointment is a medicine for skin use only (topical) for the treatment of warts on the outside of the genitals and around the outside of the anus.

Proper treatment can clear visible warts, relieving discomfort and helping prevent the spreading of external genital warts to others.

#### What it does:

It has not yet been proven precisely how VEREGEN<sup>®</sup> works to treat external genital warts but it may inhibit the production of growth factors that stimulate growth of the warts..

#### When it should not be used:

Do not use VEREGEN<sup>®</sup> Ointment if you are allergic to sinecatechins or any other ingredient in this product (See <u>What the important nonmedicinal</u> ingredients are).

#### What the medicinal ingredient is:

Sinecatechins ointment 10 % w/w (from green tea leaf extract)

#### What the important nonmedicinal ingredients are:

Isopropyl myristate, white petrolatum, cera alba (white wax), propylene glycol palmitos tearate, and oleyl alcohol.

#### What dosage forms it comes in:

Ointment in tubes of 15 g and 30 g.

#### WARNINGS AND PRECAUTIONS

#### **BEFORE** you use **VEREGEN**<sup>®</sup> (sinecatechins) **Ointment** talk to your doctor or pharmacist if you

are:

- pregnant or planning to become pregnant, as it is not known if VEREGEN<sup>®</sup> Ointment can harm your unborn baby. Your doctor will determine whether the benefit outweighs the risk.

- breastfeeding, as it is not known if VEREGEN<sup>®</sup> Ointment can pass into your milk and if it can harmyour baby.
- using any other type of skin product or have open wounds on the area to be treated.
   VEREGEN<sup>®</sup> Ointment should not be used until your skin has healed from other treatments applied to the same area.
- immunocompromised. This means that your immune system cannot fight infections as well as it should.

# What should I avoid while using VEREGEN® Ointment:

- Do not apply VEREGEN<sup>®</sup> Ointment on open wounds, broken or inflamed skin or into the vagina or anus.
- Genital warts are a sexually transmitted disease, and you may infect your partner. If your sexual partner is infected, your partner should also be treated to avoid reinfection.
- Avoid sexual contact (genital, anal or oral) when VEREGEN<sup>®</sup> Ointment is on your genital or perianal skin. If you do choose to have sexual contact, you must wash off the ointment carefully before having protected sexual contact as the ointment may weaken condoms and vaginal diaphragms. Talk to your doctor about safe sexpractices.
- Avoid contact with your eyes, nostrils and mouth while ointment is on your finger(s). In case of accidental contact, wipe off and rinse with water for the eyes or soap and water for other sensitive areas.
- Women using tampons: insert the tampon before applying the ointment. If you need to change your tampon while the ointment is on your skin, avoid getting the ointment into the vagina.
- Uncircumcised men treating warts under the foreskin should retract the foreskin and clean the area daily.
- Do not expose the genital area treated with VEREGEN<sup>®</sup> Ointment to sunlight, sunlamps or tanning beds.
- Do not cover the treated area with dressings or a bandage. Loose-fitting undergarments can be worn after applying VEREGEN<sup>®</sup> Ointment.
- VEREGEN<sup>®</sup> Ointment may stain your light colored clothes and bedding. It is recommended to wear darker colored undergarments while using VEREGEN<sup>®</sup> Ointment.

#### INTERACTIONS WITH THIS MEDICATION

Tell your doctor or pharmacist about all the medicines you take or have taken, including prescription and non-prescription medicines, vitamins, and herbal supplements. Drug interaction studies have not been done with VEREGEN<sup>®</sup> Ointment. It is not known if VEREGEN<sup>®</sup> Ointment and other medicines can affect each other.

# PROPER USE OF THIS MEDICATION

#### Usual Adult Dose:

Use VEREGEN<sup>®</sup> Ointment only on the area affected exactly as prescribed by your doctor. Wash your hands before and after application of VEREGEN<sup>®</sup> Ointment. A small amount of the ointment (a maximum of 250 mg, about 0.5 cm strand) should be applied to all warts using your finger(s), dabbing it on to ensure complete coverage and leaving a thin layer of the ointment on the warts as directed by your doctor.

Apply VEREGEN<sup>®</sup> Ointment three times per day.

Do not wash off the ointment from the treated area before the next application. When you wash the treatment area or bathe, apply the ointment afterwards.

VEREGEN<sup>®</sup> Ointment is not a treatment for warts in the vagina, cervix, or inside the anus. Your doctor may recommend examination and screening tests (such as a Pap smear) to evaluate these areas.

Patients should be aware that new warts may develop during treatment with VEREGEN<sup>®</sup> Ointment and these should also be treated.

Treatment with VEREGEN<sup>®</sup> Ointment should be continued until complete clearance of all warts, however no longer than 16 weeks. If your warts do not go away, or if they come back after treatment call your doctor.

External genital warts can recur and it is also possible to become reinfected. If you choose to be sexually active, limit the number of partners you have and always practice safe sex. Your doctor can advise you about safe sex practices.

#### Overdose:

In case of drug overdose, contact a health care practitioner, hospital emergency department or regional Poison Control Centre immediately, even if there are no symptoms.

#### Missed Dose:

If you forget to apply VEREGEN<sup>®</sup> Ointment, continue on your regular schedule and do not make up the missed dose(s). Do not double dose(s).

# SIDE EFFECTS AND WHAT TO DO ABOUT THEM

The most common side effects with VEREGEN<sup>®</sup> Ointment are local skin and application site reactions including:

- redness
- swelling
- sores or blisters
- burning
- itching
- pain

These reactions should decrease over time but if they become bothersome, contact your doctor.

Many patients experience itching, reddening or swelling on or around the application site during the course of treatment. Some of these side effects could be a sign of an allergic reaction.

If you develop open sores or other severe reactions at the locations you applied  $VEREGEN^{(m)}$  Ointment, stop treatment and call your doctor right away.

You may experience other side effects of VEREGEN<sup>®</sup> Ointment, which are not mentioned here. Ask your doctor or pharmacist for more information.

## HOW TO STORE IT

- Store between 5°C and 25°C. Do not store VEREGEN<sup>®</sup> Ointment above 25 °C (77°F).
- Use within 6 weeks after first opening the tube.
- Make sure the cap on the tube is tightly closed.
- Safely throw away VEREGEN<sup>®</sup> Ointment tubes that are out of date or are empty.

Keep VEREGEN<sup>®</sup> Ointment and all medicines out of the reach and sight of children.

#### **REPORTING SUSPECTED SIDE EFFECTS**

You can report any suspected adverse reactions associated with the use of health products to the C anada Vigilance Program by one of the following 3 ways:

- Report online at www.healthcanada.gc.ca/medeffect
- Call toll-free at 1-866-234-2345
- Complete a Canada Vigilance Reporting Form and: - Fax toll-free to 1-866-678-6789, or
  - Mail to: Canada Vigilance Program Health Canada Postal Locator 0701D Ottawa, Ontario K1A 0K9

Postage paid labels, Canada Vigilance Reporting Form and the adverse reaction reporting guidelines are available on the MedEffect<sup>™</sup>Canada Web site at www.healthcanada.gc.ca/medeffect.

NOTE: Should you require information related to the management of side effects, contact your health professional. The Canada Vigilance Program does not provide medical advice.

## MORE INFORMATION

**Remember:** This medicine is for you. Only a doctor can prescribe it for you. Never give it to someone else. It may harm them even if their symptoms are the same as yours. This leaflet does not contain the complete information about your medicine. If any questions remain unanswered or you are not sure about something, you should ask your doctor or pharmacist.

You may want to read this leaflet again. Please do not throw it away until you have finished your medicine.

This document plus the full product monograph, prepared for health professionals can be found at: <u>http://www.paladinlabs.com</u>or by contacting the sponsor, Paladin Labs Inc., at: 1-888-867-7426.

This leaflet was prepared by Paladin Labs Inc.

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